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	ALLERGEN PRESENT IN FOOD											SUITABLE FOR	
	GLUTEN & WHEAT	EGG	MILK	SOY	SESAME	PEANUT	TREE NUTS	FISH	CRUSTACEAN	SULPHITES	OTHER	VEGETARIAN	VEGAN
PITAS													
Pita Gluten Free					*							●	●
Pita White	●											●	●
Pita Wholemeal	●											●	●
GOURMET RANGE													
Chicken Bacon Crunch	●	●	●									●	
Chicken Pesto	*		●							●			
Mexicano	●		●	●						●			
Moroccan Lamb Kofta	●		●	●									
MEATS													
Bacon (Free Farmed)				*							Nitrites		
Beef Steak				●						●			
Chicken (Free Range)	*												
Chicken Tenders (Free Range)	*												
Ham (Free Farmed)				●						●	Honey Nitrites		
Lamb				●									
Moroccan Lamb Kofta	●		●	●									
Roast Beef (sliced)	*		*	*						*			
Tuna	*			●				●					
Secret Sauce Cooking Oil				●								●	●
VEGETARIAN FILLINGS													
Beetroot, Feta & Mint Patties			●									●	
Black Bean Patties												●	●
Falafel												●	●
Crumbed Mushroom & Mozzarella Risotto Cakes	●	●	●									●	
Polenta & Super Grains Sticks												●	●
Sweet Corn, Coriander & Chilli Patties												●	●

* = may contain traces of allergens. **NB:** For clarity the * has been applied as a precautionary measure as some manufacturers test for the presence of traces of allergens while others make no claims but use processing lines that are used for products that do contain allergens. The * would benefit the very sensitive individual to a particular allergen.

This list is compiled based on the accuracy of the information from our food manufacturers/standard suppliers. Pita Pit has made every effort to ensure the accuracy of the information at the time of writing, however no responsibility is accepted where a food manufacturer/supplier has changed their formulations / ingredients and/or made substitutions without notifying us. This chart does not include promotional items or where a change of supplier has occurred after the date of compilation.

The term vegetarian is used to describe a person who includes eggs and milk in their diet for the classification in this listing.

For vegan the * has been applied to indicate where animal product allergens are used on processing lines and there may be traces present but this is not tested for.

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FILLINGS													
Croutons	●		*									●	●
Cucumber												●	●
Green Peppers												●	●
Gherkins												●	●
Jalapeño												●	●
Lettuce - Iceberg												●	●
Mushroom												●	●
Pineapple												●	●
Red Onion												●	●
Tomatoes												●	●
CHEESE													
Cheddar Cheese			●										
Feta Cheese			●									●	
Swiss Cheese			●	●								●	
Mozzarella			●									●	
Parmesan			●									●	
MISCELLANEOUS													
Potato Wedges	●	*	*	●								●	
Sour Cream			●										
SEASONINGS													
Cajun Seasoning				●						●		●	●
Garlic & Herb Seasoning										●		●	●
Lemon Pepper Seasoning													
Moroccan Seasoning													
Tuscan Seasoning										●		●	●
COOKIES / BROWNIES													
Candy Chew Cookie	●	●	●	●		*	*					●	
Caramel Chew Cookie	●	●	●	●		*	*					●	
Chocolate Chew Cookie	●	●	●	●		*	*					●	
Choco Fudge Brownie	●	●	●	●								●	
Chunky Chocolate Chip Cookie	●	●	●	●		*	*					●	
Raspberry & White Chocolate Cookie	●	●	●	●		*	*					●	
White Chocolate & Macadamia Cookie	●	●	●	●		*	●					●	

