

Sweet Sriracha Chicken Parma -BOWL'D

Ingredient Listing

BOWL'D

This information is based upon the accuracy of the product information given by the food manufacturers. BOWL'D has made every effort to ensure the accuracy of the information at the time of writing; however, it is possible that ingredient changes and/or substitutions may occur before this list is updated. Please be advised that all food items are cooked on the same grill. We are more than happy to accommodate any specific dietary or allergen requests, please contact your local store directly to arrange this.

PRODUCT	INGREDIENTS
Sweet Sriracha Chicken Parma BOWL'D	<p>Chicken Schnitzel: Chicken (51%), Water, Flour (Wheat, Maize), Vegetable Oil (Sunflower, Canola), Salt, Yeast, Wheat Gluten, Wheat Semolina, Polenta, Egg Powder, Modified Starch (1422, 1404), Thickener (412), Spice Extracts, Mineral Salts (450, 451), Sugar, Yeast Extract, Natural Color (160b). <i>Contains: Egg & Egg Products, Gluten/Wheat, Milk & Milk Products</i> <i>May Contain: Evaporated Milk, Dried Milk Made For Soy Or Cereals</i></p> <p>Rice (Cooked): Steamed Brown or White Rice. <i>May Contain: Gluten, Milk, Peanuts, Sesame, Soy, Tree Nuts</i></p> <p>Garlic Butter: Vegetable Oil/Fat, Water, Garlic (4.7%), Salt, Emulsifier (471), Herbs (0.2%), Preservative (202), Flavor, Antioxidant (307b), Color (160a), Food Acid (330)</p> <p>Broccoli: Fresh.</p> <p>Spinach: Fresh (Baby)</p> <p>Pickled Red Onion: Apple Cider Vinegar, Sugar, Red Onion Fresh (Sliced).</p> <p>Parmesan Cheese: Milk, Salt, Cultures, Enzyme (Rennet, Lipase), Anticaking Agent (460), Preservative (200). <i>Contains: Milk / Cheese</i></p> <p>Sriracha Honey: Tomato (from paste), sugar, honey (5%), vinegar, thickeners (1442, 415, 412, 401), salt, red jalapeno puree (1.5%), lemon juice concentrate, chilli (0.5%), spices, food acid (270), herbs, preservatives (202, 211), lime extract, natural colour (paprika), antioxidant (385). <i>May Contain, Egg, Wheat, Gluten, Milk, Sesame, Soy, Treenuts</i></p> <p>Cheese Sauce: Cheese (Skim Milk, Cream, Salt, Milk Solids, Cultures, Enzymes) [47%], Water, Milk Solids, Thickener (1422), Stabilisers (415, 466), Emulsifying Salts (331, 451), Acid (270), Yeast Extract, Colours (100, 160a). <i>Contains Milk</i></p> <p>Pita Chips: Flour(Gluten), Water, Salt, Low Sugar, Yeast. <i>Contains: Gluten, Wheat</i></p> <p>Salt & Pepper: Iodized Salt & Ground Black Pepper</p> <p>Garlic & Herb Seasoning: Salt, Garlic, Rice Flour, Herbs (Parsley, Marjoram, Thyme, Tarragon, Dill 3%), Onion, Celery, Leek, Tomato, Capsicum, Vegetable Oil, Natural Garlic Flavor. <i>May Contain: Milk, Crustacea, Egg, Fish, Gluten, Peanuts, Sesame, Soy, Sulphites In Concentrations>10mg/Kg</i></p> <p><i>Contains: Egg, Gluten/Wheat, Milk</i> <i>May Contain: Crustacea, Egg, Fish, Gluten/Wheat, Milk, Peanuts, Sesame, Soy, Sulphites, Tree Nuts</i></p>

PROTEIN	INGREDIENTS
Chicken Schnitzel	<p>Chicken (51%), Water, Flour (Wheat, Maize), Vegetable Oil (Sunflower, Canola), Salt, Yeast, Wheat Gluten, Wheat Semolina, Polenta, Egg Powder, Modified Starch (1422, 1404), Thickener (412), Spice Extracts, Mineral Salts (450, 451), Sugar, Yeast Extract, Natural Color (160b). <i>Contains: Egg & Egg Products, Gluten/Wheat, Milk & Milk Products</i> <i>May Contain: Evaporated Milk, Dried Milk Made For Soy Or Cereals</i></p>



Sweet Sriracha Chicken Parma - BOWL'D

Ingredient Listing

BOWL'D

This information is based upon the accuracy of the product information given by the food manufacturers. BOWL'D has made every effort to ensure the accuracy of the information at the time of writing; however, it is possible that ingredient changes and/or substitutions may occur before this list is updated. Please be advised that all food items are cooked on the same grill. We are more than happy to accommodate any specific dietary or allergen requests, please contact your local store directly to arrange this.

FILLINGS	INGREDIENTS
Rice (Cooked)	Steamed Brown or White Rice. <i>May Contain: Gluten, Milk, Peanuts, Sesame, Soy, Tree Nuts</i>
Garlic Butter	Vegetable Oil/Fat, Water, Garlic (4.7%), Salt, Emulsifier (471), Herbs (0.2%), Preservative (202), Flavor, Antioxidant (307b), Color (160a), Food Acid (330)
Broccoli	Broccoli: Fresh.
Spinach	Spinach: Fresh.
Pickled Onion	Apple Cider Vinegar, Sugar, Red Onion Fresh (Sliced).
Parmesan Cheese	Milk , Salt, Cultures, Enzyme (Rennet, Lipase), Anticaking Agent (460), Preservative (200). <i>Contains: Milk / Cheese</i>
Pita Chips	Flour(Gluten) , Water, Salt, Low Sugar, Yeast. <i>Contains: Gluten, Wheat</i>
Salt & Pepper	Iodized Salt & Ground Black Pepper
Garlic & Herb Seasoning	Salt, Garlic, Rice Flour, Herbs (Parsley, Marjoram, Thyme, Tarragon, Dill 3%), Onion, Celery, Leek, Tomato, Capsicum, Vegetable Oil, Natural Garlic Flavor. <i>May Contain: Milk, Crustacea, Egg, Fish, Gluten, Peanuts, Sesame, Soy, Sulphites In Concentrations>10mg/Kg</i>
SAUCES	INGREDIENTS
Sriracha Honey	Tomato (from paste), sugar, honey (5%), vinegar, thickeners (1442, 415, 412, 401), salt, red jalapeno puree (1.5%), lemon juice concentrate, chilli (0.5%), spices, food acid (270), herbs, preservatives (202, 211), lime extract, natural colour (paprika), antioxidant (385). <i>May Contain, Egg, Wheat, Gluten, Milk, Sesame, Soy, Treenuts</i>
Cheese Sauce	Cheese (Skim Milk, Cream , Salt, Milk Solids , Cultures, Enzymes) [47%], Water, Milk Solids , Thickener (1422), Stabilisers (415, 466), Emulsifying Salts (331, 451), Acid (270), Yeast Extract, Colours (100, 160a). <i>Contains Milk</i>



