



EASY ORDER

1. PICK your pita or salad bowl
2. FILL with protein, fillings, sauces and toppings
3. MATCH with drinks and sides
4. EMAIL or FAX your order

DETAILS

Store Location: _____

Customer Name: _____

Email: _____

Time Req: _____ AM / PM | Ph : _____

Choose from below:

Pita Salad Bowl

Choose your size

Regular Petita

Pita Bread

Fresh Toasted
 Plain Wholemeal
 Gluten Free +\$2

Choose your protein

Chicken Caesar (contains chicken & bacon) **GF**
 Chicken Breast **GF**
 Chicken Teriyaki **GF**
 Chick'n Fala (contains chicken & falafel) **GF**
 Falafel **v+ GF**
 Grilled Steak **GF**
 Lamb **GF**
 Bacon & Egg **GF**
 Chipotle Prawns
 Kumara & Lentil Rosti **v+ GF**
 Black Bean Pattie **v+**
 Feta & Quinoa Rosti **v GF**

Seasonings

Cajun Chipotle Garlic & Herb

Classic Fillings

Lettuce <input type="checkbox"/>	Roasted Red Peppers <input type="checkbox"/>
Mixed Red Cabbage, Carrot & Onion <input type="checkbox"/>	Pineapple <input type="checkbox"/>
Spinach <input type="checkbox"/>	Red Onion <input type="checkbox"/>
Cheddar <input type="checkbox"/>	Grilled Kumara <input type="checkbox"/>
Feta <input type="checkbox"/>	Three Bean Mix <input type="checkbox"/>
Gherkins <input type="checkbox"/>	Tomatoes <input type="checkbox"/>
Hummus <input type="checkbox"/>	Brown Rice <input type="checkbox"/>
Jalapenos <input type="checkbox"/>	Cucumber <input type="checkbox"/>
Capsicum <input type="checkbox"/>	Corn <input type="checkbox"/>
Pickled Beets <input type="checkbox"/>	Mushrooms <input type="checkbox"/>
	Carrot <input type="checkbox"/>

Extras

Avocado (smashed) +\$2
 Grilled Egg +\$1.50
 Parmesan +\$1.00
 Bacon +\$1
 Double Protein Regular +\$3.50
 Double Protein Petita +\$2.50

Sauces and Dressings

Aioli GF V <input type="checkbox"/>	Tomato Kasundi DF v+ <input type="checkbox"/>
Caesar GF <input type="checkbox"/>	Sweet Chilli GF DF v+ <input type="checkbox"/>
Cucumber Yoghurt GF V <input type="checkbox"/>	Smoked Chipotle Mayo v DF <input type="checkbox"/>
Honey Mustard GF DF V <input type="checkbox"/>	Tomato Ketchup GF DF v+ <input type="checkbox"/>
Hot Chilli GF DF v+ <input type="checkbox"/>	Rosemary Vinaigrette GF DF v+ <input type="checkbox"/>
Mayonnaise GF V <input type="checkbox"/>	BBQ GF DF <input type="checkbox"/>

Toppings

Sliced Almonds Toasted Seeds
 Salt Pepper

Snacks

Chicken Tenders **GF**: 4 Pack Chicken Tenders **GF**: 8 Pack
 Pita Chips & Dip **v+** Choose Dip:
 Loaded Wedges Grilled Wedges **v+** SML REG
 Flat Grilled Pita

Treats

Cookie Brownie

Drinks

Soft Drink 300ml - \$2 <input type="checkbox"/>	V Energy - \$4 <input type="checkbox"/>
NZ Natural 300ml - \$2 <input type="checkbox"/>	Water - \$3 <input type="checkbox"/>
McCoy Orange Juice - \$3 <input type="checkbox"/>	
Gatorade - \$4 <input type="checkbox"/>	
Boss Coffee - \$4 <input type="checkbox"/>	

*Drinks may differ per store, check with your local store.

Smoothies

Berry Glow v, v+, GF & DF <input type="checkbox"/>	Immuni Tropical GF & v <input type="checkbox"/>
Green Energy v, v+, GF & DF <input type="checkbox"/>	Mango, Banana Probiotic GF & v <input type="checkbox"/>
ChocoNana GF & v <input type="checkbox"/>	

Add a Drink & Snack +\$6

Includes 1 Drink & Snack (Pita chips or Treat)

See online or in-store for pricing ingredients and allergen information. Pay in-store or order and pay online at www.pitapit.co.nz

GF = Gluten Free DF = Dairy Free V = Vegetarian v+ = Vegan