



EASY ORDER

1. PICK your pita or salad bowl
2. FILL with protein, fillings, sauces and toppings
3. MATCH with drinks and sides
4. EMAIL or FAX your order

DETAILS

Store Location: _____

Customer Name: _____

Email: _____

Time Req: _____ AM / PM | Ph : _____

Choose from below:

Pita Salad Bowl **+\$1**

Choose your size

Regular Petita

Pita Bread

Fresh Toasted
 Plain Wholemeal
 Gluten Free **+\$2**

Choose your protein

Chicken Breast **GF**
 Falafel **v+ GF**
 Feta & Quinoa Rosti **v GF**
 Kumara & Lentil Rosti **v+ GF**
 Chick'n Bacon (contains chicken & bacon) **GF**
 Chick'n Fala (contains chicken & falafel) **GF**
 Grilled Steak **GF**
 Lamb **GF**
 Bacon & Egg **GF**
 Chipotle Prawns

Seasonings

Cajun Chipotle Garlic & Herb

Classic Fillings

Lettuce	<input type="checkbox"/>	Pineapple	<input type="checkbox"/>
Red Cabbage & Carrot Mix	<input type="checkbox"/>	Red Onion	<input type="checkbox"/>
Spinach	<input type="checkbox"/>	Grilled Kumara	<input type="checkbox"/>
Cheddar	<input type="checkbox"/>	Three Bean Mix	<input type="checkbox"/>
Feta	<input type="checkbox"/>	Tomatoes	<input type="checkbox"/>
Gherkins	<input type="checkbox"/>	Mexican Quinoa & Brown Rice	<input type="checkbox"/>
Hummus	<input type="checkbox"/>	Cucumber	<input type="checkbox"/>
Jalapenos	<input type="checkbox"/>	Corn	<input type="checkbox"/>
Capsicum	<input type="checkbox"/>	Mushrooms	<input type="checkbox"/>
Pickled Beets	<input type="checkbox"/>	Carrot	<input type="checkbox"/>
Roasted Red Peppers	<input type="checkbox"/>		

Extras

Avocado (smashed) **+\$2**
 Grilled Egg **+\$1.50**
 Parmesan **+\$1.00**
 Bacon **+\$1**
 Double Protein Regular **+\$3.50**
 Double Protein Petita **+\$2.50**

Sauces and Dressings

Aioli GF V	<input type="checkbox"/>	Tomato Kasundi DF V+	<input type="checkbox"/>
Caesar GF	<input type="checkbox"/>	Sweet Chilli GF DF V+	<input type="checkbox"/>
Cucumber Yoghurt GF V	<input type="checkbox"/>	Smoked Chipotle Mayo V DF	<input type="checkbox"/>
Honey Mustard GF DF V	<input type="checkbox"/>	Tomato Ketchup GF DF V+	<input type="checkbox"/>
Hot Chilli GF DF V+	<input type="checkbox"/>	Rosemary Vinaigrette GF DF V+	<input type="checkbox"/>
Mayonnaise GF V	<input type="checkbox"/>		

Toppings

Sliced Almonds	<input type="checkbox"/>	Toasted Seeds	<input type="checkbox"/>
Salt	<input type="checkbox"/>	Pepper	<input type="checkbox"/>

Snacks

Loaded Pita Chips: Chicken	<input type="checkbox"/>	Loaded Pita Chips: Falafel v	<input type="checkbox"/>
Chicken Tenders GF : 4 Pack	<input type="checkbox"/>	Chicken Tenders GF : 8 Pack	<input type="checkbox"/>
Pita Chips & Dip v+	<input type="checkbox"/>	Choose Dip:	<input type="checkbox"/>
Loaded Wedges	<input type="checkbox"/>	Grilled Wedges v+	SML <input type="checkbox"/> REG <input type="checkbox"/>
Flat Grilled Pita	<input type="checkbox"/>		

Treats

Cookie Brownie

Drinks

Water 750ml	<input type="checkbox"/>	Coca-Cola	<input type="checkbox"/>
Charlie's Orange Juice	<input type="checkbox"/>	Coca-Cola No Sugar	<input type="checkbox"/>
Phoenix Juice	<input type="checkbox"/>	Sprite	<input type="checkbox"/>
Phoenix Ginger Beer	<input type="checkbox"/>	Powerade	<input type="checkbox"/>
Iced Tea - Peach	<input type="checkbox"/>		

*Drinks may differ per store, check with your local store.

Smoothies

KiwiBerry Omega 3	<input type="checkbox"/>	Feijoa, Pear & Ginger	<input type="checkbox"/>
Mango Banana Probiotic	<input type="checkbox"/>	Immuni Tropical	<input type="checkbox"/>
SuperFruit Antioxia	<input type="checkbox"/>		

Add a Drink & Snack **+\$6**

Includes 1 Drink & Snack (Pita chips or Treat)

See online or in-store for pricing ingredients and allergen information. Pay in-store or order and pay online at www.pitapit.co.nz

GF = Gluten Free DF = Dairy Free V = Vegetarian V+ = Vegan