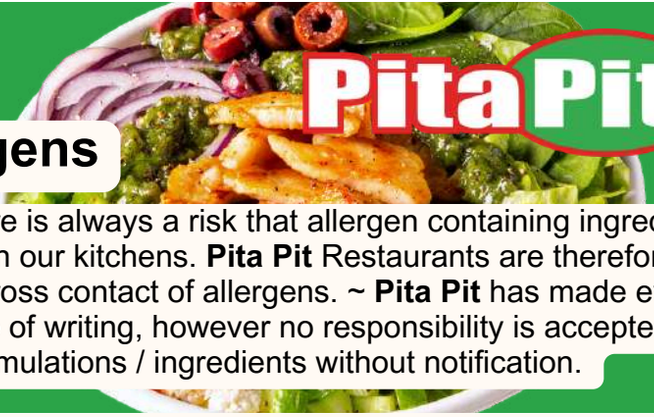

Pita Pit - Eat The Med LTO Allergens

As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. **Pita Pit** Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens. ~ **Pita Pit** has made every effort to ensure the accuracy of the information at the time of writing, however no responsibility is accepted where a food manufacturer/supplier has changed their formulations / ingredients without notification.

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✓ = Contains ✱ = May Contain Traces

The term vegetarian is used to describe a person who includes eggs and milk in their diet for the classification in this listing

May contain trace of gluten may be present as this item is prepared in a kitchen that handles gluten.

	GLUTEN	WHEAT	EGG	MILK	SOY	SESAME	PEANUT	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADMIA	PECAN	PINE NUT	PISTACHIO	WALNUT	FISH	CRUSTACEA	MOLLUSCS	SULPHITE	LUPIN
SUMMER LTO																					
The Lamb Schug	✓	✓	✓	✓																	
The Chicken Schug	✓	✓		✓																	
Lamb Bites (Side)	✓	✓	✓	✓																	
PROTEIN																					
Chicken Breast																					
Lamb Bites	✓	✓	✓	✓																	
PITA BREAD																					
Gluten Free Pita					✓																
Plain Pita	✓	✓																			
Wholemeal Pita	✓	✓																			
FILLINGS																					
Lettuce																					
Spinach																					
Tomato																					
Cucumber																					
Red Onion																					
Capsicum																					
Sliced Olives																					
Greek Style Cheese (NZ Feta Cheese)				✓																	
SAUCES																					
Schug Sauce				✓																	